



Childhood Experience and the Development of Reproductive Strategies: An Evolutionary Theory of Socialization Revisited Jay Belsky 2012





Draper & Harpending, 1982

Reinterpreting of Effects of Father Absence

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FALL

FATHER ABSENCE AND REPRODUCTIVE STRATEGY: AN EVOLUTIONARY PERSPECTIVE¹

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Draper & Harpending, 1982

Females raised in father absent households:

"show early expression of sexual interest and assumption of sexual activity, negative attitudes toward males, and poor ability to establish long-term relationships with one male"





Developmental Critique

--Old wine in a new bottle? --Law of Parsimony --Developmental mechanism/process? --Original Prediction?

(Child Development, 1991, 63, 647-670. © 1991 by the Society for Research in Child Development, Inc. All rights reserved. 0009-3920/91/6204-0010401.00]

Theoretical Paper

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Childhood Experience, Interpersonal Development, and Reproductive Strategy: An Evolutionary Theory of Socialization

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DEVELOPMENTAL PATHWAYS OF DIVERGENT REPRODUCTIVE STRATEGIES



Child Development, Vol. 63, No. 1. (Feb., 1992), pp. 47-58.

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Childhood Experience and the Onset of Menarche: A Test of a Sociobiological Model

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FIG. 1.-Main effects of four risk factors on girls' age at menarche



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Note: Zero Order correlation in parentheses: +p < .10; "p < .05; "'p < .01.

FIG. 4.—A mediational model of contextual stress on girls' age at menarche: relations observed in the present study of New Zealand girls.

Psychological Bulletin 2004, Vol. 130, No. 6, 920–958 Copyright 2004 by the American Psychological Association 0033-2909/04/\$12.00 DOI: 10.1037/0033-2909.130.6.920

Timing of Pubertal Maturation in Girls: An Integrated Life History Approach

Bruce J. Ellis University of Arizona

Summary. Psychosocial acceleration theory posits that warm, cohesive family environments slow down pubertal development, whereas dangerous or conflictual family environments accelerate it. Empirical research to date has provided reasonable, though incomplete, support for the theory. On the one hand, there is converging evidence from a number of methodologically sound studies that greater parent-child warmth and cohesion is associated with later pubertal development. This research also suggests that greater frequency of parent-child interactions predicts later puberty. On the other hand, the proposed accelerating effect of parent-child conflict and coercion on pubertal development is yet to be clearly established.

Source: Ellis, 2004, p. 935-936.

MORE RECENT STUDIES HIGHLIGHTING EFFECTS OF ADVERSE REARING CONDITIONS



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Pubertal maturation and the development of alcohol use and abuse

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SAMPLE

1,420 children (approximately 50%) female) from a representative sample of 4500 9-, 11- and 13-year olds recruited through the public school systems of 11 counties in western North Carolina, with oversampling of children scoring high on problem behavior.

ASSESSMENT OF PUBERTAL TIMING

<u>Child Report</u> of breast and pubic-hair development by means of self ratings using schematic drawings of secondary sexual characteristics, scored in terms of Tanner (1962) staging system (stage I: prepubertal; stage V-adult level of development).

EARLY MATURER CLASSIFICATION

Age of pubertal maturation defined in terms of achieving Stage IV.

	Prop.	Mean Age Tanner IV
Early Maturers	30.1%	12.05 yrs. (sd=1.74)
Other	59.9%	14.24 yrs. (sd=1.82)

EFFECTS OF CHILD MALTREATMENT

By age 13, 14.3% of sample had been maltreated according to own or parental report (4.3% physical abuse, 10.0% sexual abuse).

Mean Age of Tanner IV Maltreated 11.6 years (sd = 1.0) Non-maltreated 12.1 years (sd = 1.3) (OR: 0.75, p<.011) Child Development, November/December 2007, Volume 78, Number 6, Pages 1799 - 1817

Family Environments, Adrenarche, and Sexual Maturation: A Longitudinal Test of a Life History Model

Bruce J. Ellis University of Arizona Marilyn J. Essex University of Wisconsin—Madison

SAMPLE

180 girls of an original 570 children followed from birth and enrolled in the Wisconsin Study of Families and Work (Hyde et al., 1995), selected for intensive study in middle childhood, insuring adequate representation of kindergarteners scoring high and low on problem-behavior.

TWO ASSESSMENTS OF PUBERTAL DEVELOPMENT

<u>Adrenarche status</u>, reflecting maturation of the adrenal axis, was determined by salivary DHEA, collected four times during a 4-hour home visit in 3rd grade, including before and after social challenge. Increasing DHEA levels at adrenarche causes pubic hair growth and was related to self-reported pubic hair growth in this sample.

<u>Secondary Sexual Characteristics</u> reported by mother and child at 5th grade, regarding breast and pubic hair development, composited after adjusting for child age.

EARLY vs. LATER MATURING CLASSIFICATION:

Adrenarcheal vs. Preadrenarcheal

Prop.

Children were coded as preadrenarcheal if at least 6 of 8 DHEA assays were below the detection threshold (10.0 pg/mL) and all DHEA scores were <16 pg/mL.

Preadrenarcheal/Later Maturing56%Adrenarcheal/Early maturing44%

Table 2: Mean Levels of Preschool Family Environment Measures as a Function of Age 7 Adrenarcheal Status and Correlation of Environment Measures with 5th-Grade Secondary-Sex Characteristics (all adjusted for mother's age of menarche).

	Age 7 Adrenarcheal Status			5 th -Grade Second-Sex	
Araticol Family Environment Measures	Pre- adrena I	archea	Adren- archeal	r	
<u>SES</u>	02		11	25**	
Mothering Composites					
Parental Supportiveness ^a	.30	*	09	29***	
Marital Conflict/Depression	09		.18	.07	
Fathering Composites					
Parental Supportiveness ^a	.29	*	15	15+	
Marital Conflict/Depression	22	*	.23	.13	

+ p=.06, * p<.05, ** p<.01, *** p<.001

a: supportiveness: warm parenting + family positive emotional climate + authoritative/democratic style - parental negativity



High Pubertal Development Score reflects accelerated development (i.e., greater secondary sex characteristics).

Child Development, July/August 2007, Volume 78, Number 4, Pages 1302 – 1321

Family Rearing Antecedents of Pubertal Timing

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SAMPLE

410 white girls and their families participating in the NICHD Study of Early Child Care and Youth Development followed since birth in 1991, with repeat measurements of family processes at multiple ages.





MEASURES: PREDICTOR Maternal Harsh Control

- At 54 months, mothers completed a 10-item self-report parenting scale:
- spanked child for doing something wrong,
- expected child to obey without asking questions,
- expected child to be quiet and respectful when adults were around,
- regarded respect for authority as the most important thing for the child to learn,
- believed praise spoiled the child,
- provided few hugs and kisses.

GOLD STANDARD ASSESSMENT OF PUBERTAL TIMING

<u>Physical Exam</u>: Trained nurse (or physician) scored breast and pubichair development annually, from 9.5 to 13.5 years, using Tanner staging criterion; pubertal onset then estimated by means of latenttransition analysis.

<u>Child Report</u>: Age of first period (i.e., menarche)

CONTROL VARIABLE

<u>Mother's Age of Menarche</u>: reported by mother. It correlated significantly and positively with both dependent variables:

Girl's Age of Menarche: .37 (p<.001) Girl's Pubertal Onset: .23 (p<.001) EFFECTS OF REARING (with maternal age of menarche controlled)

Girls experienced menarche at an earlier age when they experienced greater maternal harsh control at

(1) 54 months ($\beta = -.11$, p<.05) (2) in Grades 1+3 ($\beta = -.15$, p<.05). Developmental Psychology 2010, Vol. 46, No. 1, 120–128

The Development of Reproductive Strategy in Females: Early Maternal Harshness → Earlier Menarche → Increased Sexual Risk Taking

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To test a proposition central to Belsky, Steinberg and Draper's (1991) evolutionary theory of socialization—that pubertal maturation plays a role in linking early rearing experience with adolescent sexual risk taking (i.e., frequency of sexual behavior) and, perhaps, other risk taking (e.g., alcohol, drugs, delinquency)



Sexual and Other Risk Taking over the preceding 12 months were assessed at age 15 when adolescent participants completed a survey using audio computer-assisted self-interview.

<u>Sexual Risk Taking</u>: four items assessing the number of times the adolescent had oral sex, vaginal sex, been diagnosed with an STD, or had been pregnant.

<u>Other Risk Taking</u>: 36 items assessing how often the adolescent had used alcohol, tobacco or other drugs, behaved in ways that threatened their own safety (e.g., rode in a vehicle without the use of seatbelts), used or threatened to use a weapon, stolen something, or harmed property.



Unstandardized model estimates connecting maternal harshness with sexual and other risk-taking via residualized age of menarche







Can Very Early Experience/Development Predict Pubertal Timing?

Belsky, J., Houts, R.M. & Fearon, R.M.P (2010). Infant Attachment Security and Timing of Puberty: Testing an Evolutionary Hypothesis. *Psychological Science, 21,* 1195-1201



Attachment security and timing of pubertal onset and completion

Early onset: pubertal onset $<10\frac{1}{2}$ years; early completion: $<13\frac{1}{2}$ years.)





What About Males?





What About Males?



Application of sexual selection thinking led to the prediction that:

-- for girls only would pubertal timing mediate the effect of family experiences on (a) timing of sexual debut (i.e., first sex, first intercourse) and (b) sexual risk taking (i.e., noncontraceptive use, pregnancy), consistent with Belsky et al.'s (2007) findings and that

--for boys self-perceived mate value—as reflected in social, competence, athletic competence and physical appearance-would mediate the effect of pubertal timing on sexual debut and risk taking.



Female Developmental Pathways



Note how pubertal maturation plays a mediational role in this empirical model, mediating effect of family factors. (Dashed lines represent predicted sex differences in developmental pathways.)

James, J. et al. (2012). Sex-specific pathways to early puberty, sexual debut and sexual risk taking. Developmental Psychology.



Note how puberty does NOT mediate family effects and its effect is mediated by perceived mate value in this empirical model. (Dashed lines represent predicted sex differences in developmental pathways.)

James, J. et al. (2012). Sex-specific pathways to early puberty, sexual debut and sexual risk taking. Developmental Psychology





BEHAVIOR-GENETIC CHALLENGE: GENETIC MEDIATION "MASQUERADING" AS ENVIRONMENTAL EFFECTS



To address this issue, Tither and Ellis (2008) evaluated whether years of exposure to father absence and to a dysfunctional father related to age of menarche using a sibling design that compared sisters whose parents separated/divorced so that the older sister would have had less exposure to father absence while being highly genetically related.



Differences in Sister's Menarcheal Age as a Function of Exposure to Father Absence



Tither, J.M. & Ellis, B.J. (2008). Impact of fathers on daughters' age of menarche: A genetically and environmentally controlled study. *Developmental Psychology*, *44*, *1409-1420*.



Moving Beyond the Social Address of Divorce/Father Absence



But is it exposure—or lack thereof—to a father that is critically important or the quality of the relationship fathers have with their daughters? To address this issue—indirectly—Tither and Ellis (2008) distinguished between father-absent households in which father suffered from psychopathology.



Differences of Sister's Age of Menarche as a Function of Exposure to Father Absence and Father Dysfunction





War-Related Trauma and Reproductive Traits: A Natural Experiment

Pesonen (2008) tested the life-history prediction that stressful early experiences would regulate reproductive development by taking advantage of a natural experiment. They evaluated whether a **traumatic separation from both parents during childhood** was associated with **reproductive traits later in life**, studying members of the 1934–1944 Helsinki Birth Cohort, including 396 **former war evacuees** from varying socioeconomic backgrounds, who were **sent unaccompanied by their parents to temporary foster families in Sweden and Denmark**, and 503 participants who had no separation experiences.

Former evacuees had earlier menarche, earlier first childbirth (men), more children by late adulthood (women), and shorter interbirth intervals (men), than the non-separated.

A. Pesonen et al., (2008) Reproductive traits following a parent-child separation trauma during childhood: A natural experiment during World War II. *American Journal of Human Biology, 20*, 345-351.





Effect Sizes Are Small.

Does this matter?





3 POINTS FOR CONSIDERATION:

1.Secular Trend in Pubertal Timing



Source: New Scientist, 10TH February 2007, p. 41





3 POINTS FOR CONSIDERATION:

 Secular Trend in Pubertal Timing
 Functional Consequences of Small Differences in Pubertal Timing

Functional Consequences of Small Effects

"Although the size of the correlations between family environments and timing of puberty are generally small, these effects may nonetheless have important ramifications...the time from menarche until 50% of (menstural) cycles are ovulatory is approximately 1 year if menarche occurs before age 12 and 4.5 years if menarcheal age is 13 or older. Thus, even small effects of family environment on timing of puberty may have substantial effects on timing of onset of reproductive status" (Ellis, 2004, p. 936, emphasis added).





3 POINTS FOR CONSIDERATION:

Secular Trend in Pubertal Timing Functional Consequences of Small Differences in Pubertal Timing Differential Susceptibility



Differential Susceptibility



DARWINIAN CHALLENGE: WHY—not how--WOULD NATURAL SELECTION CRAFT AN ORGANISM WHOSE FUTURE FUNCTIONING IS INFLUENCED BY ITS EARLIER EXPERIENCES?



POSSIBLE SOLUTION?



CONDITIONAL *AND* **ALTERNATIVE REPRODUCTIVE STRATEGIES: Differential Susceptibility to Environmental Influences**

Belsky, J. (2000). Conditional and Alternative Reproductive Strategies: Individual Differences in Susceptibility to Rearing Experience. In. J. Rodgers, D. Rowe, & W. Miller (Eds.), <u>Genetic Influences on Human Fertility and Sexuality: Theoretical and</u> <u>Empirical Contributions from Biological and Behavioral Sciences (pp. 127-146).</u> <u>Boston: Kluwer</u>



Testing Conditional vs. Alternative Reproductive Strategy Hypothesis: 1. Estrogen Receptor-α (ESR1) Polymorphism as Moderator 2. Physiological Reactivity as Moderator







Early Family Environment and Age of Menarche



Manuck, S. et al. (2011). Reported Early Family Environment Covaries with Menarcheal Age as a Function of Polymorphic Variation in Estrogen Receptor-α (ESR1). Development & Psychopathology, 23, 69-83.

Institute for the Study of Children, Families and Social Issues

COCOAVIS Replication and Extension: Early Maternal Sensitivity and Age of Menarche Moderated by Same Estrogen Receptor-α (ESR1)







Early Family Environment and Rate of Pubertal Development









Future Directions I Mechanisms of Influence?

By what physiological mechanism(s), beyond adrenarche, might rearing experience, including insecurity-inducing insensitive mothering and maternal harsh control, come to regulate biological development and, thereby, reproductive strategy? Belsky et al. (1991) speculated that a neuroendocrine subsystem intertwined with other endocrine systems could provide a pathway linking experiences in the family with pubertal timing. More recently, Chisholm and associates (2005) theorized that the hypothalamic-pituitary-adrenal (HPA) axis in particular, which is directly involved in stress regulation, may play a critical role in the process.



Mechanisms of Influence?

Recent elegant experimental research with rats by Cameron and associates (2008; Cameron, Fish & Meaney, 2008) showed not only that maternal licking and grooming of the newborn pup enhances stress regulation, delays the onset of puberty and reduces sexual activity, with the reverse being true of its absence, but that such effects on rat reproductive strategy are mediated by maternal-care effects on gene expression, via methylation.

What remains unclear, of course, is whether these same processes operate in the early regulation of reproductive strategy in humans.

EVIDENCE OF THE ROLE OF EPIGENETICS IN MEDIATING EFFECTS OF CHILD MALTREATMENT ON PTSD

GENETIC MODERATION OF EFFECTS OF CHILD MALTREATMENT ON PTSD



Effect of sex + physical abuse on lifetime PTSD varies by genotype.

Klengel, T. et al. (2013). Allele-specific FKPB5 DNA demethylation mediates gene-childhood trauma interactions. Nature Neuroscience, 16, 33-41.

Genotypic Moderation of Epigenetic Processes: Variation in (De)Methylation Accounts for GXE



Demethylation Varies by GXE

Klengel, T. et al. (2013). Allele-specific FKPB5 DNA demethylation mediates gene-childhood trauma interactions. Nature Neuroscience, 16, 33-41

"Alternative" (or Amended?) Model?



* Adapted from: Richard, I., Frankenhuis, W. & Nettle, D. (in press). Why are childhood family factors associated with timing of maturation? A role for internal prediction. Perspectives in Psychological Science.

Toward an Evo-Devo Model of Reproductive Strategy, Health and Longevity

<u>Fast Strategy</u>

Poverty; Parental instability; high stress/danger

Harsh, rejecting, insensitive, inconsistent parenting

Insecure attachment; mistrustful working model; risky\aggressive behavior; immediate gratification

Develops in manner that accelerates puberty, sex, and reproduction

↑ Mating effort↓ Somatic effort↓ Health



Childrearing: Infancy & Early Childhood

Psychological/ Behavioral Development Reproductive Strategy

Health

Adapted by B. Ellis from Belsky et al., 1991, *Child Development*

Slow Strategy

adequate \$, resources; Marital harmony/ stability; safety

Sensitive, supportive, responsive, positively affectionate

Secure attachment; cooperative interpersonal style; delay of gratification

Develops in manner that delays puberty, sex, and reproduction

↓Mating effort
↑Somatic effort
↑Health